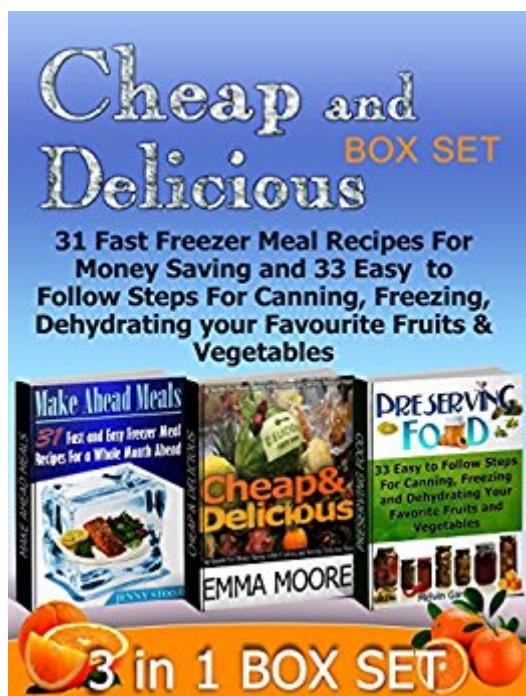


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# Cheap And Delicious Box Set: 31 Fast Freezer Meal Recipes For Money Saving And 33 Easy To Follow Steps For Canning, Freezing, Dehydrating Your Favourite ... Delicious, Cheap Meals, Make Ahead Meals)



## Synopsis

### BOOK #1: Make Ahead Meals: 31 Fast and Easy Freezer Meal Recipes For a Whole Month

AheadWould you like more time to relax at the end of a hard day? Never have to worry again about rushing home to cook the family meal? Have the opportunity to spend more quality time with your family? Plus make monetary savings?These statements would certainly bring a resounding yes from most and these are some of the benefits that you can achieve with the help of this book. Make ahead meals or once a month cooking as it is also known is the simplest way to ensure that you have more time and can also provide you with many other benefits besides.Making meals ahead is not for everyone, so it's best to begin by exploring the idea in more depth and this book has been designed to cover the basics including:Get OrganizedThe Shopping

ListPreparationRecipesAdvantages of Once a month CookingDisadvantages of Once a month

CookingTake the challenge and you really will wonder why you have never embark on this before.

Let's get cooking!BOOK #2: Cheap and Delicious: Top Secrets For Money Saving while Cooking and Serving Delicious MealsAre you ready to learn how to save money on your grocery budget? Do you think that itâ™s impossible to eat delicious foods on the cheap? Well, you can save money and continue to treat your family to delicious meals. In this ebook you will learn the top secrets to slashing your grocery budget. You wonâ™t just be eating beans and rice.Here is what you will learn after reading this book:How to save money on your favorite productsLearn how to buy and preserve fresh produceLearn why you should shop the clearance itemsExamine the Farmersâ™ Market and learn ways to save even more money while youâ™re thereBOOK #3: Preserving Food:

33 Easy to Follow Steps For Canning, Freezing and Dehydrating Your Favorite Fruits and

VegetablesA wonderful how-to guide to begin preserving your fruits and vegetables. Stop throwing

wasted food and money down the drain. This 33 step guide to preserving your fruits and vegetables

will show you step-by-step how to start preserving today. Learn about the most popular forms of

preserving, which are canning, freezing, and dehydrating. This quick little guide talks about

everything from tools and equipment you need, how to store your finished products, and even some

easy beginner recipes. Preserving your food is a great way to get that fresh produce to last all year

long. Preserving fruits and vegetables yourself allows you to control what is going into your food. No

scary ingredients, chemicals, artificial colors, and âœnaturalâ• flavors. Preserving allows you to

serve your family delicious produce all year long. This guide will show you the benefits and how

easy it is to start preserving:All the tools and equipment you'll need to get startedSimple to follow

step-by-step instructions Easy troubleshootingHow to store your preserved fruits and

vegetablesGeneral shelf life for each methodGetting Your FREE BonusDownload this book, and

find "BONUS: Your FREE Gift" chapter right after the introduction or after the conclusion. Download your copy of "Cheap and Delicious Box Set" by scrolling up and clicking "Buy Now With 1-Click" button.

## Book Information

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